

The marriage of liposuction and abdominoplasty

By Gregory A. DeVita, M.D., F.A.C.S.

We all wish we could turn back time and recapture our youthful curves and figure. The marriage of liposuction and abdominoplasty can be a wonderful thing to do just that.

Liposuction in anyone older than 30 is likely to leave loose skin, no matter what technique is used. However, when it is combined with an abdominoplasty, an amazing transformation can be seen. A high lateral tension abdominoplasty combined with liposuction, improves bra rolls and tightens your thighs, both inner and outer, all through a single abdominoplasty incision. The results will be obvious from both the front and back.

Add a breast reduction or breast lift (with or without implants) and a youthful appearance is enhanced even more. A common misconception with the breast lift or reduction, is that an anchor incision (two incision technique) is necessary for larger breasts. This is not accurate; a lollipop incision can always be used. You will no longer be limited to a clothing style in order to hide the scar. The single scar technique (lollipop incision) gives a more pleasing, youthful and perky shape to your breasts.

Patients who combined both procedures typically resulted in a drop of 2 to 4 dress sizes (see gregorydevita.com).



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It's time for a more confident you. Call for a consultation. The Plastic Surgery Group, PC has two locations:

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